

**TCJA – TEMPOS A CUMPRIR JORNADAS APURAMENTO**

(Piscina de 25 m)

MASCULINOS						FEMININOS					
Infantis B 13	Infantis A 14	Juvenis B 15	Juvenis A 16	JUN/SEN 17 e +	PROVAS	Infantis B 12	Infantis A 13	Juvenis B 14	Juvenis A 15	JUN 16	SEN 17 e +
00,39,00	00,36,00	00,34,00	00,32,00	00,31,00	<b>50L</b>	-	-	00,38,00	00,37,00	00,36,00	00,35,10
01,25,00	01,19,00	01,14,00	01,12,00	01,10,00	<b>100L</b>	01,32,00	01,26,00	01,23,50	01,21,00	01,16,00	01,15,80
03,05,00	02,54,00	02,41,00	02,36,00	02,31,00	<b>200L</b>	03,20,00	03,10,00	03,04,50	03,01,00	02,52,00	02,51,40
06,30,00	06,07,00	05,37,00	05,27,00	05,22,00	<b>400L</b>	06,50,00	06,34,00	06,20,00	06,08,00	05,42,00	05,41,70
13,10,00	12,20,00	11,20,00	10,58,00	10,34,00	<b>800L</b>	14,00,00	13,17,00	13,00,90	12,41,00	12,17,00	12,14,00
24,58,00	23,40,00	23,06,00	22,50,00	21,06,00	<b>1500L</b>	25,30,00	24,50,00	24,25,00	24,00,00	23,20,00	23,15,00
-	-	02,16,00	02,08,00	02,04,00	<b>4x50L</b>	-	-	02,36,00	02,28,00	02,24,00	02,20,00
05,50,00	05,38,00	05,10,00	04,43,00	04,43,00	<b>4X100L</b>	06,08,00	06,02,00	05,50,00	05,36,00	05,20,00	05,19,00
12,20,00	11,50,00	11,00,00	10,30,00	10,15,00	<b>4X200L</b>	12,30,00	12,14,00	12,06,00	12,00,00	11,45,00	11,43,40
-	-	00,38,00	00,37,00	00,36,00	<b>50C</b>	-	-	00,44,00	00,42,00	00,40,00	00,39,70
01,40,00	01,31,00	01,26,00	01,21,00	01,19,00	<b>100C</b>	01,45,00	01,38,00	01,36,00	01,35,00	01,28,00	01,27,10
03,35,00	03,17,00	03,09,00	03,04,00	03,03,00	<b>200C</b>	03,45,00	03,26,00	03,23,00	03,20,00	03,08,00	03,06,70
-	-	00,39,00	00,38,00	00,36,00	<b>50M</b>	-	-	00,44,00	00,42,00	00,40,00	00,39,00
01,49,00	01,40,50	01,35,00	01,27,00	01,19,00	<b>100M</b>	01,53,00	01,50,00	01,48,00	01,36,00	01,30,00	01,28,44
04,02,00	03,38,00	03,15,00	03,10,00	02,58,00	<b>200M</b>	04,25,00	03,50,00	03,42,00	03,35,00	03,25,00	03,22,00
-	-	00,43,00	00,42,00	00,41,00	<b>50B</b>	-	-	00,48,00	00,47,00	00,46,00	00,45,10
01,55,00	01,45,00	01,38,00	01,35,00	01,32,00	<b>100B</b>	01,57,00	01,52,00	01,52,00	01,46,00	01,44,00	01,42,05
04,10,00	03,45,00	03,35,00	03,20,00	03,15,00	<b>200B</b>	04,12,00	03,53,00	03,53,00	03,44,00	03,35,00	03,33,70
-	-	01,28,00	01,25,00	01,22,00	<b>100E</b>	-	-	01,33,50	01,32,00	01,30,00	01,27,00
03,30,00	03,20,00	03,10,00	03,04,00	03,00,00	<b>200E</b>	03,37,00	03,25,00	03,17,00	03,12,00	03,10,00	03,08,00
07,30,00	07,00,00	06,48,00	06,35,00	06,30,00	<b>400E</b>	07,40,00	07,06,00	07,00,00	06,45,00	06,35,00	06,33,00
-	-	02,35,00	02,30,00	02,28,50	<b>4x50E</b>	-	-	02,52,00	02,45,00	02,41,00	02,41,00
06,59,00	06,40,00	05,42,00	05,36,00	05,30,00	<b>4X100E</b>	07,07,00	06,52,00	06,35,00	05,52,00	05,48,00	05,46,00
<b>Estafetas em ABS</b>			<b>Estafetas Infantis (A e B)</b>								
<b>Masculinos</b>	<b>Provas</b>	<b>Femininos</b>	<b>Masculinos</b>	<b>Provas</b>	<b>Femininos</b>						
02,06,00	<b>4x50L</b>	02,24,00	05,43,00	<b>4X100L</b>	06,00,00						
04,43,00	<b>4X100L</b>	05,36,00	12,04,00	<b>4X200L</b>	12,20,00						
10,25,00	<b>4X200L</b>	11,55,00	06,48,00	<b>4X100E</b>	07,02,00						
02,28,00	<b>4x50E</b>	02,41,00	<b>Estafetas Juvenis (A e B)</b>								
05,30,00	<b>4X100E</b>	05,48,00	04,53,00	<b>4X100L</b>	05,53,00						
			10,43,00	<b>4X200L</b>	11,43,00						
			05,39,00	<b>4X100E</b>	06,39,00						